

How can you help to prevent America's most common cancer?



Skin Cancer.



Skin cancer is the most commonly occurring cancer in the United States. The number of new cases of skin cancer appears to be increasing each year. Fortunately, skin cancer is one of the most preventable cancers. Local health departments can play an important role in preventing skin cancer by developing population-based programs to prevent the disease; assuring sun-safe environments and policies; and regulating exposure where appropriate.

Behaviors that reduce risk include limiting or minimizing exposure to the sun during midday hours (the sun is strongest from 11 am to 4 pm); wearing protective clothing (such as long sleeves and hats); and applying sunscreen with a Sun Protection Factor (SPF) of 15 or or more when outside.

HEALTH DEPARTMENT CONTACT INFORMATION

The Passaic County Department of Health 973-881-4396
 website: <http://www.pcdh.org>

The Bloomingdale Health Department 973-838-0778

The Clifton Health Department 973-470-5760

The Little Falls Health Department 973-256-0170

The Passaic Division of Health 973-365-5603

The Pompton Lakes Health Department 973-616-5910

The Ringwood Health Department 973-962-7037

The Wanaque Health Department 973-839-3000

The Wayne Health Department 973-694-1800

The West Milford Health Department 973-728-2720



To view the video, see: <http://www.pcdh.org/mollie.htm>

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For further information on melanoma skin cancer and other cancers see the Passaic County Cancer Coalition website at:

<http://www.state.nj.us/health/ccp/melanoma.shtml>

A MAPP Planning Project

Preliminary results from the Passaic County Health Assessment have found cancer to be a primary health issue among surveyed residents. The Passaic County Health Assessment is being performed by the Passaic County Governmental Public Health Partnership.